

son will be enrolled in ex-offender employment program, which includes being assigned to a job counselor, employment referral, and follow-up sessions. Must be work ready; i.e., have housing and transportation.

Changing Gaits, Inc: Teaches, guides and encourages positive attitudes, behavior modification and life skills through healing bonds with horses. Equine Assisted Addiction Services helps individuals needing social interaction increased communication skills, therapy or addiction counseling. All ages, individuals and groups. P.O. Box 21, Brook Park, MN 55007 320-438-4001 www.changinggaits.org

Cover Girls in the Church: 952-239-7939—P.O. Box 2856, Minneapolis MN 55402 A dynamic and interactive community of love encouraging you to heal what you've been hiding.

The HopeLine—TheHopeLine® is the off-air “let’s talk” branch of the Dawson McAllister Network where teenagers and young adults can connect with TheHopeLine® and speak with a trained HopeCoach through instant message chat about whatever challenges they are facing. Excellent E-books on several topics.

Crisis Line: 1-800-273-8255 www.thehopeline.com

PREGNANCY & SEXUAL COUNSELING HELP:

Option Line: 1-800-395-4357 for 24 hour free & confidential information about pregnancy, abortion, morning after pill, & STD's. Information on resources near you.

www.optionline.org/get-help/

Options for Women—a pregnancy resource center serving Chisago County; 6344 Elm St, PO Box 516, North Branch, MN 651-674-2121

New Life Family Services and First Care Pregnancy Center:

Free, confidential, Pregnancy Testing, Options Counseling, Limited Ultrasounds, Men's Services, Parenting Education, Adoption Services & Support Groups. Anoka: 763-323-3435, Richfield: 612-866-7643, University of MN: 612-623-8378, St. Paul: 651-730-4342, Rochester: 507-282-3377.

Total LifeCare Centers: 25 locations in Minnesota. Call 888-652-1140. Free & confidential www.totallifecare.org

Robbinsdale Women's Center: 763-531-9554—Free pregnancy test, ultrasounds, temporary shelter, 24-hour help-line. Free education about abortion methods, risks, & complications. www.mychoicetwincities.com

New Life Partners: Christian online resource & support group for women whose lives have been impacted by husbands or loved ones caught in the web of porn and/or sexual addiction. Sharing, caring, love, hope, & prayer.

newlifepartners.org

ABORTION RECOVERY

Everlasting Light: 763-560-8383—PO Box 29193, Brooklyn Center, MN 55429—Comprehensive family ministry featuring abortion & miscarriage recovery, & strengthening marriages. <http://ellm.org/>

Project Healing Ministries: Address post-abortion needs for those in MN & WI, 715-781-4430.

projecthealingministries@gmail.com Two aspects to PHM are 1) Rachel's Vineyard: Weekend retreat that addresses emotional and spiritual wounds from abortion. 2) Forgiven & Set Free: Powerful 11 week interactive bible study to assist in healing for those affected by an abortion. Project Healing Ministries PO Box 603 Hudson, WI 54016

Silent No More: 612-253-5102—P.O. Box 68125 Minneapolis, MN 55418 www.silentnomoremn.org

Heartbeat Int'l/Caranet: -1-800-395-HELP

(1-800-395-4357) 24 hrs./7 days a wk www.care-net.org

Rachel's Vineyard Retreat:-1-877-HOPE-4ME 1-877-467-3463 www.RachelsVineyard.org

Nat'l Office of Post Abortion, Reconciliation & Healing: 1-800-5WE-CARE www.noparh.org

American Victims of Abortion: 1-202-626-8800 ext. 132 www.nrlc.org **Ramah International**—476-445-6070

www.RamahInternational.org

Surrender The Secret: Support groups. 813-931-1804 x205 alyssas@awpm.net

Conquerors- New Life's Conquerors program provides one-on-one mentoring and group sessions for women and men designed to deal with the pain and difficulties common to those who have had abortions.

Contact info:
conquerors@nlfs.org

Groups offered all over the Metro area/Rochester area
612-746-5639

WHO AM I IN CHRIST?:

I am the salt of the earth (Matthew 5:13)

I am a child of God (John 1:12).

I am a prisoner of Christ (Ephesians 3:1, 4:1)

I am hidden with Christ in God (Colossians 3:3)

I am born of God, and the evil one-the devil-cannot touch me! (John 5:18)

I am a son/daughter of God; God is spiritually my Father (Rom 8:14)

* Please make sure to also request the General Resources List



Missionary Evangelism to Corrections

REACHING THOSE IN CORRECTIONS FOR CHRIST

WOMEN'S RESOURCES



Preaching the Gospel in Twin Cities Jails since 1983

I was in prison, and you came to me.

Matthew 25:36

Missionary Evangelism to Corrections
P.O. Box 542 Wyoming, MN 55092
Phone: 651-408-1300
Email Address: mec@usfamily.net

TREATMENT & DISCIPLESHIP PROGRAMS

[MN Adult & Teen Challenge](#): 612-373-3366, ext. 136—1619—Portland Ave. S, Minneapolis, MN 55404—

Short-term and/or outpatient treatment & Twelve-month live-in Christian discipleship program in Mpls. Outpatient in Duluth. Adult program separate from teens. Rule 25 & GRH in Minnesota [www.mntc.org](#)
Outside MN [www.teenchallengeusa.com](#)

[Teen Challenge for Pregnant women](#): Lansing Michigan—1-517-490-5775 or Cincinnati Ohio 1-513-248-0452

[Teen Challenge for Women with Children](#): Colorado 1-970-323-6013, or California 1-408-272-4416 (Both Pregnant and children).

[Naomi Family Center](#): 651-222-7962—77 E. 9th Street, St. Paul, MN—Low income housing for women & children up to age 10 includes programming such as parenting, meals, GED, etc. [www.ugmtc.org](#)

[The Dwelling Place](#): 651-776-4805—St. Paul—For women and children needing a place away from abuse. Transitional housing, support groups, and abuse education. Need 30 days sobriety

[www.thedwellingplaceshelter.org](#)

[Healing House](#): 612-721-9415, ext. 120—

Minneapolis—Residential Christian ministry for women coming out of addiction, prostitution, prison, , or chronic poverty. Has a room to stay in while evaluating if this is the right program for you. Children age 10 and under can stay with their mother. [www.metrohope.org](#) GRH

[Faith Family Recovery Center](#): 651-437-1628—

Hastings, MN—A licensed faith-based, family-oriented outpatient chemical dependency treatment program for adult men and women. [www.ffrccllc.com](#) Rule 25

[Place of Hope](#): 320-203-7881—413 E. Germain, St. Cloud, MN 56304—Live-in women's discipleship program. Daytime drop-in center w/phone available; pastoral counseling; recovery groups; referrals. [placeofhopeministries.org](#) GRH

[Breaking Free](#): 651-645-6557/PO Box 4366, St. Paul, MN 55104/Break free of prostitution, housing, & program. [www.breakingfree.net](#)

[Salvation Army](#): 612-767-3113—1010 Curry Ave. N, Minneapolis, MN—Housing/Multi Services/Church. [www.salvationarmyusa.org](#)

[New Life Treatment Center](#): 507-777-4321—130 Dakota St. S, Woodstock, MN 56186—12-step inpatient program, Christian counselors. [www.newlifetreatment.com](#) Rule 25

[Prison Academy](#) - 18-month Pre-release with post-release component. Prison Fellowship program. Christian discipleship while inside. The goals are to know Christ, His

Word, obtain a job, mentor and church. Write to Prison Academy, Attn: Ms. Page, MCF Shakopee, 1010 W. 6th Ave., Shakopee, MN 55379. 952-496-4407

[www.prisonfellowship.org](#)

[Mission Bible Training Center](#): 1-906-265-6247—

Alternative to treatment. Ask to talk to an overseer. Interdenominational. Call for phone interview and application.

This is in Gaastra, MI. [www.missionteens.com](#)

[Living Free Outpatient Treatment](#)—Phone: 763-315-7170
Address 9201 75th Ave N, Brooklyn Park, MN 55428

[Next Chapter Ministries](#)—Fellowship Home is a meeting place and residential home for women who have been in jail or prison, as well as women who have been impacted by crime. 507-529-5799 PO Box 9321, Rochester, MN 55903

SOBER HOUSING

[Serenity Villa](#)—J. Hill 952-220-3711;

info@serenityrecoveryhomes.com —Faith-based transitional housing community for women, providing a strong foundation for those seeking purpose in their lives. High recovery rate among participants staying sober - NW Suburbs—[http://www.serenityrecoveryhomes.com/](#)

[River City Recovery Ministry](#): Contact Angie at 763-552-2555—[www.rivercityrecoveryministries.com](#)—

[House of Hope Sober housing](#). Therapeutic environment for transition back into community. Safe and clean housing, life and living skills, faith based recovery community. Restoration of people and their families through Christ. Residents need to attend church and Christian 12-step meetings. Cambridge area. [Houseofpromise.com](#) has application GRH

[Christ Satisfies Housing](#)—Our goal is to provide safe, supportive, affordable sober lodging to individuals who are transitioning from life changes of addictions, unhealthy behaviors, criminal activities and or financial issues. We hope to open our doors to any individuals who have a desire to better their lives by retraining themselves to focus on healthy living. Washington Street Northeast, Columbia Heights, MN, 612-483-3969

[Welcome Homes Sober housing](#) for those looking to change 651-330-7300

[Make Old Things New, Inc.](#): 612-221-7522—2120 Minnehaha Ave. S, #3, Minneapolis, MN 55404—Christian discipleship sober housing.

[Emergency Shelters](#): 612-825-0000—Tubman Family Alliance (various sites)—Alexandra House, Blaine, MN 763-780-2332—Crisis line: 763-780-2330. Casa de Esperanza, St. Paul, MN—651-646-5553—Crisis line: 651-772-1611
Sharing & Caring Hands 612-338-4640—Mpls, MN. (763) 323-7006 Stepping Stone Anoka call at 3pm ER or wait list for 90 day stay

SUPPORT SERVICES

See Celebrate Recovery and Support Group brochure for a more complete listing.

[Hiding, Hurting, Healing](#)—763-242-9181 A 6 week Biblically based program for women who are seeking healing, from difficult relationships &/or abuse. **Out of the Shadows** follows HHH for deeper learning and healing. To see groups and times it is offered see [http://www.hidinghurtinghealing.com](#)

[Safe Haven Ministries](#): 1-616-452-6664 (on-line counseling) [www.safehavenministries.org](#)—Counseling Support Groups, and Shelter for Domestic Abuse located in Grand Rapids Michigan.

[On Eagles Wings](#): Native Americans to Native Americans, Word With You Devotionals, Ministry E-News, Blog, verse of the Day. [www.oew.hutchcraft.com](#)

[Promise Ministries](#): 952-484-0709—7425 Scot Terrace, Eden Prairie, MN 55346—The Promise is a 10-week Bible study for cell groups. Let's Stay Together marriage ministry - marriage education for couples, whether married, engaged, or cohabiting. Will also provide marriage education to singles.

[Glory Bound Ministries](#)—help for families separated by treatment or incarceration. 763-390-0589 see Family Brochure for more information.

[Missionaries of Charity Home](#) - A home for women who need shelter during pregnancy. Minneapolis: 612-721-8614

[Parenting with a Purpose](#): 763-503-2892—Teach Christ -Centered parenting in some jails & prisons. Provides support to the entire family affected by incarceration, including mentoring children, parents & help & encouragement for the caregiver. [www.parentingwithpurpose.org](#)

[Safe Families for Children](#) 711 10th Ave S Minneapolis, MN 55415 Children live with screened and trained volunteers temporarily (average 6 weeks) while parents address issues and safe families gives support to parents when the child returns. 612-518-5986 [www.safe-families.org](#)

[Lighthouse](#): 651-483-0888—Deliverance prayer ministry. [www.lighthouseministryintl.org/](#)

[Prison Fellowship](#): 651-235-8340 *ANGLETREE* Christmas presents and camps for children of inmates. If incarcerated, please contact ahead of time.

[Urban Homeworks](#): 612-724-9002—2015 Emerson Ave N., Mpls., MN 55411. Dignified housing for low-income families, offering interaction w/Christian ministry & landlords in Mpls & St Paul. [www.urbanhomeworks.org](#)

[Ex-offender Employment Program](#): 651-642-0363—St. Paul Force Center. 540 Fairview Ave. N, Suite 100, St. Paul, MN 55104—When two-day workshop is completed, per-