

## Create a Resume:

[www.resumebaking.com](http://www.resumebaking.com)  
[www.theresumator.com/home](http://www.theresumator.com/home)

[www.resumesimo.com](http://www.resumesimo.com)  
[www.jobspice.com/](http://www.jobspice.com/)

[www.how-to-write-a-resume.org](http://www.how-to-write-a-resume.org) [www.resunate.com](http://www.resunate.com)

### JOB BANKS

[www.jobconnectmn.com](http://www.jobconnectmn.com)

[www.jobconnectmn.govoffice2.com](http://www.jobconnectmn.govoffice2.com)

[statejobs.doer.state.mn.us/](http://statejobs.doer.state.mn.us/) Job Post MN State Jobs

[www.lmc.org/page/1/city-jobs.jsp](http://www.lmc.org/page/1/city-jobs.jsp) MN City Jobs

[www.minnesotaworks.net](http://www.minnesotaworks.net) MN Works Job Bank

[www.usajobs.gov](http://www.usajobs.gov) US Federal Government Jobs

[www.minnesotanonprofits.org/jobs](http://www.minnesotanonprofits.org/jobs) MN Nonprofit Jobs

[www.careerbuilder.com](http://www.careerbuilder.com) Career Builder

[www.monster.com](http://www.monster.com) Monster

[www.indeed.com](http://www.indeed.com) Indeed

[www.simplyhired.com](http://www.simplyhired.com) Simply Hired

### BUDGET HELP

**Crown Financial Ministries:** They can be contacted for a local counseling referral at 1-800-722-1976.

**Dave Ramsey Ministry:** type your zip code into [www.daveramsey.com](http://www.daveramsey.com) to find Financial Peace classes.

### WEBSITES RECOVERY/BIBLE STUDIES/PRAYER

[www.celebraterecovery.com](http://www.celebraterecovery.com) Recovery addiction; find a group near you.

[www.Biblos.com](http://www.Biblos.com) Different versions and languages

[www.biblestudy.com](http://www.biblestudy.com) to find a Bible study

[www.lifeway.com](http://www.lifeway.com) for Bible resources

[www.youversion.com](http://www.youversion.com)—A free Bible on your phone, tablet, and computer. YouVersion is a simple, ad-free Bible that brings God's Word into your daily life.

[www.worship.net](http://www.worship.net) online streaming channels

[www.olivebranchoutreach.com](http://www.olivebranchoutreach.com) for help w/eating disorders

[www.helpformylife.org](http://www.helpformylife.org) view videos addressing the false intimacy of pornography, including a roundtable discussion

[www.WhoIamInChrist.net/](http://www.WhoIamInChrist.net/) freedownloads.html

[www.christianprayercenter.com](http://www.christianprayercenter.com)

[www.heartlight.org/](http://www.heartlight.org/) - Heartlight Provides Positive Resources for Daily Christian Living.

### WRITTEN RESOURCES

**Prison Missions** PO Box 2300, Port Orchard, WA 98366  
<https://prisonmission.org/free-bible-lessons/>

**Emmaus Correspondence Schools:** 1-888-338-7809—[www.ecsministries.org](http://www.ecsministries.org) P.O. Box 1028, Dubuque, Iowa 52004-1028. Provide materials & Bible studies specifically designed for inmates.

**Prison Fellowship Magazines:** If going to prison, *Inside Journal* is a Christian magazine. for prisoners the facility can order for you, if they will. *Jubilee* is Prison Fellowship's regular magazine. 1-877-478-0100 P.O.B. 17500, Washington, DC 20041.

[www.prisonfellowship.org](http://www.prisonfellowship.org)

The following are magazines that will help you grow

in your Christian faith. If you can, send a donation, if not they will donate.

**Focus on the Family:** 800 A-FAMILY (800-232-6459) - Web address [www.family.org](http://www.family.org) P.O. Box 35500, Colorado Springs, CO 80935-3550.

**Decision:** (Billy Graham) 1-877-247-2426.

[www.billygraham.org](http://www.billygraham.org)

**In Touch Magazine** (Charles Stanley) [www.intouch.org/magazine/](http://www.intouch.org/magazine/)

**Daily Bread** magazines and others—<http://odb.org/>

P.O. Box 2222, Grand Rapids, MI 49501-2222

**Free Christian Courses** <http://christiancourses.com/>

### CHRISTIAN RADIO STATIONS

**Northwestern College Radio KTIS:** AM 900 AM-& 98.5 FM located in Minneapolis/St. Paul

**HopeRiverRadio.FM Hope 0 FM:** located in Rochester, MN ; Christian Radio

**Air 1 Radio 89.5 FM:** in St. Cloud; contemporary Christian.

**KADU 90.1 FM:** located in Hibbing; plays rock, modern rock.

**Spirit 92.9 FM 92.9 FM:** in St. Cloud; A variety of Christian music

**93.3 FM:** Located in Twin Cities; Christian

**Z100 WZPJ 100.1 FM:** located in Pequot Lakes

**The Refuge: 91.5 or 91.9 FM:** Twin Cities see website for other locations—[www.therefuge.fm](http://www.therefuge.fm)

\* Please request the Celebrate Recovery and Support Group Brochure. And the Women's/Men's/or Teen's Resource Brochure, for a list of gender/age specific resources.

### Who am I in Christ?:

- I am the salt of the earth (Matthew 5:13)
- I am a child of God (John 1:12)
- I am a prisoner of Christ (Ephesians 3:1, 4:1)
- I am hidden with Christ in God (Colossians 3:3)
- I am born of God, and the evil one-the devil-cannot touch me! (John 5:18)
- I am Christ's friend (John 15:15)
- I am a new creation (2 Corinthians 5:17)
- I am chosen of God, holy and dearly loved (Colossians 3:12; 1 Thessalonians 1:4)
- I am a son of God; God is spiritually my Father (Romans 8:14,15; Galatians 3:26; 4:6)

Missionary Evangelism to Corrections

P.O. Box 542, Wyoming, MN 55092

Phone: 651-408-1300

Website: <http://www.mecjailministry.com>

## Missionary Evangelism to Corrections

REACHING THOSE IN CORRECTIONS FOR CHRIST

# MEC GENERAL RESOURCES



Preaching the Gospel in Twin Cities Jails since 1983

*I was in prison, and you came to me.*

*Matthew 25:36*

## GENERAL RESOURCES

### CHRISTIAN COUNSELING SERVICES

**Church of the Open Door:** Lists several Christian counselors on their web site [www.thedoor.org/ministries/documents/Resources\\_for\\_Life\\_080513\\_web.pdf](http://www.thedoor.org/ministries/documents/Resources_for_Life_080513_web.pdf)

**Set Free Recovery Service:** 651-253-6818 - Online Addiction & Recovery Resources [www.slickrecovery.com](http://www.slickrecovery.com)

**Counseling Care:** Quality Christian counseling sensitive, loving environment, treating all clients with the utmost professionalism, dignity, and care. 8669 Eagle Point Blvd, Lake Elmo, MN 55042 PH)651-379-0444 or 1500 McAndrews Rd. W., Ste. 201, Burnsville, MN 55337 - PH) 952-892-8495. [www.counselingcare.us](http://www.counselingcare.us)

**Christian Recovery Counseling:** 8441 Wayzata Blvd. Ste. 160, Golden Valley, MN 55426 Ph: 763-566-0088 Individual, Family, Group, Play, SO Reconciliation [www.christianrecoverycenter.org](http://www.christianrecoverycenter.org)

**Family Baptist Church:** 612-522-3629 - 2201 Girard Ave. N, Mpls., MN - Biblical counseling for couples, by appointment. [www.familybaptistchurch.org](http://www.familybaptistchurch.org)

**Family Innovations:** 763-421-5535, 651-748-5019, 715-808-0607. Counseling for families, individuals & kids. [www.familyinnovations.com](http://www.familyinnovations.com)  
[www.mnhavencenter.org](http://www.mnhavencenter.org)

**Lighthouse Family Service:** Beacon Therapy Associates. 763-458-7726 - Lighthouse Family Services, LLC. provides counseling and therapy services for individuals, couples, and families. 111441 Zealand Ave. N., Champlin, MN 55316

**Hope Recovery Clinic:** Licensed psychologist specializing in individual, marriage, family and recovery counseling; seminars. 8525 Edinbrook Crossing, Ste. 3, Brooklyn Park, MN 55443 - 763-525-9900.

**Seed of Hope:** [www.seedofhope.org](http://www.seedofhope.org) Scholarship applications for help with Christian counseling

**Healing Rooms:** Not professional counseling but make appointments to meet for Prayer at no cost. MN: 763-503-4693 WI: 262-370-9377  
[www.healingrooms.com](http://www.healingrooms.com)

**Maranatha Church,** Forest Lake, MN Trained Christian counselors providing free Biblical counseling on Tuesday evenings. (651) 464-3131  
[www.realchurch.org/counseling-services](http://www.realchurch.org/counseling-services)

**Lighthouse:** 651-483-0888—Deliverance prayer ministry. [www.lighthouseministryintl.org](http://www.lighthouseministryintl.org)

**Seek the Truth Counseling**—Anger, Codependency, Couples, Depression, Anxiety, Grief & Loss, 763-221-8834

### FAMILY HELP

**Safe Families for Children:** 711 10<sup>th</sup> Ave S., Mpls, MN 55415. Children live with screened & trained volunteers temporarily (average 6 wks.) while parents address issues & safe families gives support when the child returns to the parent. 612-518-5986 [www.safe-families.org](http://www.safe-families.org)

**Glorybound Ministries:** 763-390-0589 Family restoration center for men & women in treatment or jail. Offers accountability & helps the family's physical, spiritual & emotional needs for complete restoration of family unity through Christian faith-based social services. Friday Night Program & Dinner, Kidz Summer Camp & Referral & Resource Network 101 E. Grant St., Mpls., MN 55403; PO B. 2535, Maple Grove, MN 55311. [www.gloryboundmn.org](http://www.gloryboundmn.org)

**Connected Families:** 952-448-3625 Family counseling or coaching. Offers excellent e-mail & videos online. 566 Bavaria Ln., Chaska, MN 55318  
[www.connectedfamilies.com](http://www.connectedfamilies.com)

**Marie Sandvik Center:** 1112 East Franklin Ave, Minneapolis, MN 55404; Po Box 583692, Minneapolis, MN 55458 Ph)(612) 870-9617 Worship service, kids programs, hot meals & clothing. Sun., Tues., Thurs. & Fri. Times vary. See schedule at [www.mariesandvikcenter.org/calendar/](http://www.mariesandvikcenter.org/calendar/)

**Source:** Homeless Youth Outreach, Fallout Urban Art Center & Coop (Gallery, music venue, kitchen, community meals & food distribution, showers, laundry, clothes closet & prayer room). Transitional Homes, Annex Network: Sex Trafficking Transitional Home, Merge Church, Urban Immersion Trainings. PO B. 8212 Mpls, MN; Ph) 612-822-5200 [www.sourcemn.org](http://www.sourcemn.org)

**Focus on the Family:** [www.family.org](http://www.family.org) 1-800-232-6459

**Family Life Today:** <http://www.familylife.com> Radio, e-mentoring and much more.

**Thrive! Family Support**—brings hope and restoration to families of loved ones struggling with substance abuse or other destructive behaviors. Thrive has a help-line for people to call to receive basic guidance, coaching and resources. They offer support groups in-person and online through Zoom that provide evidence based topics, along with a faith-based component, all rooted in love, compassion, empathy and connection. Wwww. Thrivefamilysupport.org 844-349-2911

### SEXUAL PURITY HELP

**Covenant Eyes:** Accountability software monitors Internet use and emails reports to people you select. Blocks objectionable websites from your computer. [www.covenanteyes.com](http://www.covenanteyes.com)

**Faithful and True Ministries:** Christian recovery ministry for individuals & couples who struggle with sexual addiction. [www.faithfulandtrueministries.com](http://www.faithfulandtrueministries.com)

**Triple X Church:** Provides free accountability & filtering software for those struggling with pornography addictions. X3 Watch, Safe Eyes & X3Pure [x3watch.com](http://x3watch.com)

### MARRIAGE HELP WEBSITES:

[www.purelifeministries.org](http://www.purelifeministries.org) [www.family.org](http://www.family.org)  
[www.marriagebuilders.com](http://www.marriagebuilders.com) (For a bibliography of relationship books, contact us (mec@usfamily.net)

**Safe Eyes:** Software that blocks objectionable content. [www.internetsafety.com/index.php](http://www.internetsafety.com/index.php)

**Other websites for help and encouragement:** .  
[www.settingcaptivesfree.com](http://www.settingcaptivesfree.com) [www.no-porn.com](http://www.no-porn.com)  
[www.victimsofpornography.org](http://www.victimsofpornography.org) [www.pureintimacy.org](http://www.pureintimacy.org)  
[www.exodusinternational.org](http://www.exodusinternational.org) [www.porn-free.org](http://www.porn-free.org)  
[www.focusonthefamily.com](http://www.focusonthefamily.com) [www.sexaddict.com](http://www.sexaddict.com)  
[www.outpostministries.org](http://www.outpostministries.org) [www.manontheroad.org](http://www.manontheroad.org)

### WORK RESOURCES

**Second Chance Recycling** 651-645-7055 - 1179 15th Ave SE, MPLS, MN 55414 - Adults serious about recovery find employment, graduates or attending treatment programs, transitional employer, build work history paid time for job search, help finding next job, [www.rebuildresources.com](http://www.rebuildresources.com)

**Next Step Staffing:** 651-600-3664. 545 W. 7th St. St. Paul, MN 55102. Offers opportunities for ex-offenders [www.nextstepstaffing.com/](http://www.nextstepstaffing.com/)

**Project for Pride in Living:** 612-455-3300. 1925 Chicago Ave. Mpls, MN 55404. Reentry 2 work, workshops for job hunting & careers. [www.ppl-inc.org](http://www.ppl-inc.org)

**MN Soarr:** 952-432-8190. [mnsoarr.com](http://mnsoarr.com). Provides second chance employment.

**CarreeSource Ctrs for MN:**

[www.careerforcemn.com](http://www.careerforcemn.com)

Lists MN CareerSource centers

**Job Transition Support Group:** 6 step program to find a new job. Meets at Wooddale Church, 6630 Shady Oak Rd, Eden Prairie, MN Mondays at 7:15 am. [www.jobtransition.net](http://www.jobtransition.net)

**HIRED**—No-fee personal career counseling, training, & placement for job seekers. 217 Fifth Avenue North, Third Floor, Minneapolis, MN 55401. Phone: 612-529-3342. Email: [information@hired.org](mailto:information@hired.org) [www.hired.org](http://www.hired.org)

### INTERNET WORK RESOURCES

*Determine your skills/labor market research for focus:*

[www.careerwise.mnscu.edu/careers/assessyourself.html](http://www.careerwise.mnscu.edu/careers/assessyourself.html)

Step Ahead program for ex-offenders:

[www.careerwise.mnscu.edu/exoffenders/index.html](http://www.careerwise.mnscu.edu/exoffenders/index.html)

Non-profit help for ex-offenders:

[www.careerwise.mnscu.edu/exoffenders/find-job/nonprofit-agencies.html](http://www.careerwise.mnscu.edu/exoffenders/find-job/nonprofit-agencies.html)

[www.careerpath.com](http://www.careerpath.com) Career Path assessment

[www.onetonline.org/skills](http://www.onetonline.org/skills) Skill Search

[www.humanmetrics.com/cgi-win/jtypes2.asp](http://www.humanmetrics.com/cgi-win/jtypes2.asp) Free Myers-Briggs Test, insight to personality strengths

[www.doleta.gov/jobseekers](http://www.doleta.gov/jobseekers) Job Seekers Resources

[www.careerinfonet.org](http://www.careerinfonet.org) Career Research

*Ministries to Help Ex-Offenders with Careers*

[www.twincitiesrise.org](http://www.twincitiesrise.org) RISE!/Provides employment training program

[www.aioic.org](http://www.aioic.org) American Indian OIC/Individual vocational training/GED

[www.180degrees.org](http://www.180degrees.org) SONIC/Helps people obtain good jobs and housing