

Clothing

Joseph's Coat provides free clothing for those in need.

Their website is: www.josephscoatmn.org

To use the service residents must bring an ID. No voucher or referral is needed. Hours are 9AM - 4:30PM Monday/Wednesday. Location: 1107 West 7th Street, St. Paul, Minnesota, 55102-3850

Dress for Success Twin Cities—non-profit organization dedicated to promoting the economic independence of disadvantaged women in the Twin Cities by providing professional attire, a network of support & career development tools to help women thrive in work & in life. Twin Cities. 1549 University Avenue, St. Paul, MN 55104. 651-646-6000 Hours of Operation Mon – Thurs 9am – 4 pm

ARC's Value Village—thrift stores located in Richfield, New Hope, Brooklyn Center and Saint Paul

www.arcsvaluevillage.org

Salvation Army Thrift Shops

Throughout the Twin Cities—used clothing, toys and household goods.

Bloomington, 9728 Lyndale Ave. S., 952-881-6197

Burnsville, 14101 Irving Ave., 952-435-7462

Elk River, 321 Baldwin Ave., 763-274-2764

Fridley, 1000 E. Moore Lake Dr., 763-571-9988

Hastings, 1110 Vermillion St., 651-319-0329

Mpls.— Main Store, 900 N. Fourth St., 612-332-5855

Mpls. – Nicollet, 3740 Nicollet Ave., 612-822-1200

St. Paul – Unidale, 572 University Ave. W., 651-789-0099

Family Pathways -familypathways.org. Several locations for food and clothing. Also has a food shelf at some locations.

God's closet

N St Paul White Bear Ave. (651) 771-4627

Woodbury 651-738-0305

Friend to Friend Mobile Ministry—clothing distribution at various free meal and food distribution sites. Contact them at f2fmobileministry@gmail.com for locations.

www.f2fmobileministry.org. Have adult and child clothing, bedding, sometimes furniture, shoes, toys and personal care items.

Legal Help

Legal Aid Service of Northeastern Minnesota-Duluth—424 W. Superior St., 302 Ordean Building, Duluth, MN 55802 (218) 623-8100 Toll Free (855)-204-1697.

Law Help MN—Helping low-income individuals solve legal problems www.lawhelpmn.org/

Family Law Self Help Clinic—Central Minnesota Legal Services hosts a free legal clinic one day each month to assist persons in Anoka County at no cost. The clinic focuses on Family Law issues, but also provides assistance

for housing issues or conciliation court cases.

Appointments for the legal clinic are scheduled by Anoka County's Law Library. To schedule an appointment call 763-422-7487.

Transitional Help

Amicus, Inc.—AMICUS partners with inmates, ex-offenders, juvenile offenders and communities to build successful lives and stronger communities. 612-877-4250,

www.amicususa.org/

Freedom Works— Has a nine-month residential program. It focuses on helping former offenders reconnect to their family, their faith, full-time employment, the recovery community and the local church. (612) 522 - 9007

www.myfreedomworks.com

Runaway Help

Home Free Program—The Home Free Program, in collaboration with Greyhound Lines, Inc., helps reunite runaway youth with their families free of charge. National Runaway Safe Line 1-800-786-2929

www.1800runaway.org/youth_teens/home_free.html

Financial Help

Exodus Lending—Currently trapped in a payday loan? Exodus Lending can help! Open to Minnesota residents, Exodus Lending refinances payday loans at 0% interest, provides opportunities for financial education so you can gain control of your financial future, and offers an incentivized savings program -- all with the unwavering support of a personal coach. If you or someone you know is stuck in the payday debt-trap, contact us today! Give us a call at (612) 615-0067. We'll get back to you as soon as we can!

Dave Ramsey Ministries—has a simple message for people who want to change their financial lives: **It will be hard work, but it will be worth it!** No matter where you are in your Total Money Makeover, we're here to help you take that next step.

888.227.3223 or www.daveramsey.com

Who am I in Christ?:

- I am the salt of the earth (Matthew 5:13)
- I am a child of God (John 1:12)
- I am a prisoner of Christ (Ephesians 3:1, 4:1)
- I am hidden with Christ in God (Colossians 3:3)
- I am born of God, and the evil one-the devil-cannot touch me! (John 5:18)
- I am Christ's friend (John 15:15)
- I am a new creation (2 Corinthians 5:17)
- I am chosen of God, holy and dearly loved (Colossians 3:12; 1 Thessalonians 1:4)
- I am a son of God; God is spiritually my Father (Romans 8:14,15; Galatians 3:26; 4:6)

Missionary Evangelism to Corrections
P.O. Box 542, Wyoming, MN 55092
651-408-1300 <http://www.mecjailministry.com>

Missionary Evangelism to Corrections

REACHING THOSE IN CORRECTIONS FOR CHRIST

MEC FAMILY RESOURCES



Preaching the Gospel in Twin Cities Jails since 1983

I was in prison, and you came to me.

Matthew 25:36



Food

Hunger Solutions MN—has an online database of food shelves throughout Minnesota. Also call 1-888-711-1151 of the MN Food Help Line to determine eligibility for SNAP. www.hungersolutions.org

Emergency Food Shelf Network—Has a statewide list of food shelves. www.emergencyfoodshelf.org

Fare For All—save money on quality nutritious food. We buy in bulk to save you up to 40% off grocery store prices. We accept Cash, Credit/Debit cards, and EBT. Fare For All is community supported and open to everyone. 763-450-3880 or 1-800-582-4291 www.fareforall.org

In Love, Word and Deed Ministry to homeless 612-567-7593 | info@ilwd.org 3033 Ensign Ave N NEW HOPE, MN 55427 Distributes clothing and food to homeless in Mpls on Tues.& Salvation Army on Thursdays

Manna Market—Seven Locations serving Anoka County. <http://www.mannamarketmn.com/locations/>

Loaves & Fishes—Loaves & Fishes is a nonprofit organization serving free, nutritious meals to those in need in seven Minnesota counties. For dining locations see:

http://www.loavesandfishesmn.org/dining_sites.html

Housing

Twin Cities Metro Shelters

Do you need a place to sleep tonight? Homeless adults, families and youth can get up-to-date information about places to sleep tonight by calling the Open Access Connections Metro Shelter Hotline at 1-888-234-1329.

Housing Link—a rental housing search site.

www.housinglink.org

Community Resource Center

Inside St. Andrew's Lutheran Church

900 Stillwater Road, Corner of Hilton Trail and Stillwater Road, Mahtomedi, MN 55115

Located in the Great Hall Building, Door #6

Email: center@saintandrews.org Phone: 651.762.9124

Provides emergency shelter for families with children in Washington County & suburban Ramsey County. Call for intake interview. Other help—rental assistance for certain locations, employment counseling, on-site computer access for job & housing searches, etc.

Telephone & Voicemail

Open Access Connections—voice mail and cell phones so participants can access housing, employment, health care, safety resources and more. 651-643-0883

www.openaccessconnections.org

General

Minnesota Unemployed - Pools together the best websites available to serve the needs of Minnesota's poor and unemployed. Has a section devoted to ex-offenders.

www.minnesotaunemployed.com/

Easy Drug Card—Is a free—pharmacy discount card. Download it from easydrugcard.com. Works at over 60,000 pharmacies. Has a drug pricing tool on the web.

Household Goods & Furniture

Bridging—is a furniture bank. You must be referred by a social services worker. Bridging provides furniture and household goods to families and individuals transitioning out of homelessness and poverty. www.bridging.org

FAMILY HELP

Connected Families—is a non-profit, faith-based organization committed to building strong families. You can learn more and/or sign up for (free and excellent!) parenting tips. Their online course of *Discipline That Connects With Your Child's Heart* gives families a strong foundation of God's grace. Full scholarships for the online course are available by emailing a short request to info@connectedfamilies.org. www.connectedfamilies.org 952.448.3625

Focus on the Family—a global Christian ministry dedicated to helping families thrive. We provide help and resources for couples to build healthy marriages that reflect God's design, and for parents to raise their children according to morals and values grounded in biblical principles. 1-800-A-Family (232-6459) or www.focusonthefamily.com

Billy Graham Institute of Prison Ministry As trainers for correctional ministries it has extensive resource lists for families, www.bgcprisonministries.com

Prison Fellowship website has a listing of resources for families of those incarcerated. Includes stories for children.

<http://www.prisonfellowship.org/resources/prisoners-families-friends/resources-for-families-friends/>

Safe Families for Children 711 10th Ave S Minneapolis, MN 55415 Children live with screened and trained volunteers temporarily (average 6 weeks) while parents address issues and safe families gives support to parents for parenting when the child returns to the parent 612-518-5986 www.safe-families.org

GLORYBOUND MINISTRIES—Located at Wesley Center, 101 East Grant Street Minneapolis MN 55403. Mailing Address- Post Office Box 2535 Maple Grove MN 55311, 763-390-0589. Assists families left behind by separation due to treatment of substance abuse or incarceration. Marriage enrichment classes, children's programs, men and women's study, family outings, and much more to the families it serves. Weekly adult and children's programming & family

meal, every Friday night at Brooklyn Park E. Free Church, 7849 West Broadway Brooklyn Park MN 55445. Community service projects & 8 week kids summer day camp contact- www.gloryboundmn.org

FAMILY VALUES FOR LIFE

First Covenant Church, 1280 Arcade Street, St. Paul, MN 55106. Phone: 651-774-6663, familyvaluesforlife.org

Marie Sandvik Center: 1112 East Franklin Ave, Minneapolis, MN 55404; Po Box 583692, Minneapolis, MN 55458 Ph)(612) 870-9617 Worship service, kids programs, hot meals & clothing. Sun., Tues., Thurs. & Fri. Times vary. See schedule at www.mariesandvikcenter.org/calendar/

COPE—Coalition of Prison Evangelists provides training and support for those in correctional ministry. Has a link to information resources for the families of those incarcerated. www.copeconnections.org

Salvation Army— Northern Division—651-746-3400

Basic Needs, Housing, Youth Services, Rehabilitation, Disaster Relief, Counseling, Spiritual.

Living on the Edge—Real Conversations with the Real God. Free, online video family devotional.

<https://store.livingontheedge.org/real-god/>

Rebuild—part of the Next Chapter Ministries, Rochester, MN. It is a fatherhood ministry and is an extension of our Ministry to Families for the fathers at both Next Chapter and in our community, to learn how God has called fathers to lead their children and to provide group activities that strengthen relationships with their children. REBUILD includes father-centered peer support groups both in the Olmsted County Jail as well as Next Chapter, opportunities for Discipleship Home residents to have overnights with their children, and a once a month Father/Child event focused on rebuilding relationships with their children. 507-529-5799 PO Box 9321, Rochester, MN 55903

RefineUs—Online Blog and ministry guides individuals, couples, churches, pastors, pastor's wives and church planters towards a healthy marriage and family.

<http://refineus.org/>

Thriving Marriages—online encouragement for marriages. Free online surveys and helps.

<http://www.thrivingmarriages.org/index.htm>

Thrive! Family Support—brings hope and restoration to families of loved ones struggling with substance abuse or other destructive behaviors. Thrive has a help-line for people to call to receive basic guidance, coaching and resources. They offer support groups in-person and online through Zoom that provide evidence based topics, along with a faith-based component, all rooted in love, compassion, empathy and connection.

WWW.THRIVEFAMILYSUPPORT.ORG 844-349-2911