



# Missionary Evangelism to Corrections

*Sharing the gospel & Christ's love*

*with those in corrections since 1982*

## *Problem Thinking and the Lord's Healing— Sentimentality part 2*

In Sentimentality part 1 we looked at the definition of the word – “appealing to the emotions especially in an excessive way.” We talked about how sentimental-ity can be a good thing, but can also be used to block out guilt, conviction and negative feelings. We addressed the idea that Scripture tells us that “The human heart is the most deceitful...” but also points out the way to healing and forgiveness – in part two of Sentimentality we look further at our need to turn to God for Salvation, which involves true forgiveness and change.

There is a need to recognize the negative in drugs, in alcohol, in our attitudes which block us from God and others. When we or those around us have attitudes that make the bad seem good, it blocks us from changing. One example is that “The biggest influence on our eating habits are the people around us”. (From a Daniel Plan video) If junk food is the norm, we do not realize the negative effects until we make the changes and feel the benefits of more energy, clearer thinking, positive emotions and better relationships. When the pastor started the Daniel plan and helped others see the need to honor God in this way, parents started telling him, “The children are responding better in relationships and

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**June 30, 2016  
Newsletter**

## **MEC Spotlight**



Typically we have a feature story here and our inspirational article

has to do with the series or the holiday. This is an unusual newsletter and our spotlight is

### **Reflections on Our Father's Prayer**

Our Father – tells me we are not alone. He is our Father who is always with us and who gives us others as part of family.

Who is in Heaven – Different from our earthly fathers and able to be and to provide what they could not.

Hallowed or Holy is your name – God's name tell us so much about who He is and what He has for us - see link to fathers names <http://www.christiananswers.net/dictionary/namesofgod.html>

Your kingdom come, your will be done, on earth as it is in heaven. - Kingdom is spiritual reign or authority. Yours is benevolent, loving power. Can it be, is it true? If we are doing Your will, we will experience some of heaven here and now? Yes it is true! You have

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## **June Highlights**

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## Problem Thinking & The Lords Healing: **Sentimentality—part 2**

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behavior. They are learning more and doing better in school.” If we look at these negative things (such as junk food, alcohol, anger) as good we are not going to want change them. If we do not recognize our sin, we do not know our Savior. We will not understand what He has given for us and what He has accomplished for us, and what good we can experience that will replace the pain.

One inmate told me that knowing God was good, caused him to avoid Him. The idea that even in the midst of his criminal activity he was as honest, truthful and kind as he could be was a block to seeing the harm he had done. The enormity of changing His thinking to being on God’s side and letting God change our minds and hearts is something to be grasped. When another gentleman who was struggling with chronic relapse grasped the concept that he could not change himself, relief was visible; he put it simply. “You mean that I cannot change myself, but that I need to cry out to God to change me?” The response, “Yes, that is it!” and then be open to cooperating with God in making those changes.

Repentance means to change one’s mind and one’s deeds (Acts 26) once we recognize our sin, the tendency can be to avoid it instead of getting rid of it.

Another story is of a man who was deep into methamphetamines. He had to come to another state to start over and avoid the mafia. Even then, he lost everything more than once. In his last major relapse, he asked Christ to take away his sins, He felt, “that God was saying ‘no’. He thought, ‘what do you mean? You are Jesus and that is what you do’. He felt Christ say to him, “Pick them up and hand them to me one by one.” As he did so, it was the first time he realized the hurt and destruction he had caused in his and in other’s lives. It was overwhelmingly painful and as he cried out to God then, he felt an overwhelming love that he had never felt before. Previous to that he had read the Bible in order to find out what he should do. Now he understood the grace, mercy, and compassion of God. God became a loving Father to him. The process of new life began and true change began to take place.

Whether a seemingly big problem or a small one, take it to the cross, understand and embrace full forgiveness. Know that you can leave it there. And that the cleansing gives you a new start. Incorporate the change into the new way of life. (2 Cor. 5)

Most definitions of addiction include the concept of dependence. It all goes back to who we trust. Do we trust the item or the person that will not bring life or do we trust the true life giver.? We may believe in Him , but to live fully, also need to believe Him, that includes



*Karen Selby*

Reflections on Our Father's Prayer Cont. from pg. 1

the power and do make this happen.

Help us to understand the depth of this

and Thank you for teaching us to pray it!

Give us, this day, our daily bread – Thank you for caring for our needs every day, providing for us and for being the “Bread of Life” we are so glad that you give, nourish and sustain us both in the physical, what our bodies need and enjoy, and in and for our spirit.

And forgive us our debts, as we forgive our debtors - Forgiveness – simple forgiveness and deep grieving forgiveness. It is for me when I have hurt myself, others and You. It is for them and me when I have been hurt – Is this healing possible? Thank you that it is real. Help me see how intertwined forgiveness is and we are.

And do not lead us into temptation – Satan is the accuser and deceiver or liar. You are the way the truth and the life. Temptation is truth that is twisted, it appears good at the time but leads to death. Help me find Godly ways to meet those needs so that temptation is overcome.

But deliver us from the evil one - I never saw the connection of temptation being evil. It is you that delivers us from the deceiver, deception, hurt, and evil.

Thank you for defeating the evil one with Your life, death, and resurrection. Help me to acknowledge, accept, and live it in.

For Yours is the kingdom and the power and the glory forever. - Forever is a long time but we long for that security that the good will not be taken away.

Amen - means so be it, truly  
- I agree!



Happy FATHER'S DAY

gaynarvel.com

## Ministry Friends

We know that we are not alone in **Ministry**. This month MEC's shout-out is to

### Parenting with Purpose

Through mentoring, education and support, Parenting With Purpose brings healing, restoration and liberty to families affected by incarceration.

<http://parentingwithpurpose.org/>

### and the Father Project

FATHER (Fostering Actions To Help Earnings and Responsibility) Project was originally administered by the City of Minneapolis and became a program of Goodwill-Easter Seals Minnesota in 2004. Since then, the FATHER Project has served hundreds of fathers in the community through our extensive network of collaborative partners.

[http://www.goodwilleasterseals.org/site/PageServer?pagename=serv\\_other\\_father](http://www.goodwilleasterseals.org/site/PageServer?pagename=serv_other_father)

## *A Prayer written for inmates and all of us*

*Dear Lord*

*Please help me to know and understand who You are and what You are like. Help me to understand the difference between what I think and feel and the reality of Who You are.*

*Jesus, You said You are the Way – Help me to know the way to go in life, to go Your way. You are the truth. Help me to see it, know You as it and walk in it.*

*You are the Life – the life, (much better than what the world calls the life). You came so that we can have life and have it abundantly. That sounds good. Help me to live my life in You and to have You live Your life in me.*

*You said that You are living water and that those who are thirsty can drink. I am thirsty every day. Remind me to drink in spiritually as much as I drink in physically so that I can be satisfied and not dry. As water cleanses, You cleanse my heart and thoughts.*

*You are bread. Help me see my hunger for You and not confuse it with hunger for other things.*

*You are light. Help me look at You and all that You illuminate so that life is not so dark and so that I recognize You and the things in my life and do not keep stumbling.*

*You are Immanuel which means “God with us”. Forgive me for ignoring and discounting You. Thank You for looking for us and saving us. Your presence is sweet, we experience it through the Holy Spirit, thank you*

*You are “I AM” the self and always existent one, my provider, my banner, my Shepard (one who cares for me), refuge, redeemer, savior, protector and so much more.*

*Help me to know who You say I am and who and what You are making me to be. I am redeemed, saved and Your child. Help me to be childlike but not childish, to know and act as a part of Your family, united with You. I am bought with a price, chosen and adopted and complete in You. Help me be a disciple, Thank You that I can talk to You directly through Christ. I am free from condemnation, shame, accusations, fear, having to earn love, sin, bitterness and hate. You are replacing old things with new. The new being love, joy, peace, patience, kindness, goodness, self-control, power, a sound mind, wisdom and reconciliation. I am Your workmanship, can approach You with freedom and confidence, and can do all things through Christ who strengthens me.*



*Help me to know and thank You for being who You are and doing what You do. Thank You for this and for who You say I am and for what You are making me to be.*

*From - One who is willing  
& is learning to love.*

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